



Entrepreneur, Author,
Educator and Clinical
Massage Therapist,

Jahzara Bradley

Entrepreneur, Author, Educator and Clinical Massage Therapist, Jahzara Bradley is a Gary, Indiana native. She is no stranger to the literary industry having published her first book, *Contradictions*, in 2003. Over the years, she's published seven books in the genres of women's fiction, self-help and religion. In 2008, Jahzara was one of the contributing authors in best-selling author, Shannon Holmes' anthology: *Hood2Hood*.

Jahzara has also written for "Soulful Nights" Blog. Additionally, she has hosted two radio shows, *Monday Madness* and *It's Complicated*. She is currently the host of radio show, *Awesomely Amazing* on Josi's Inspiration Network.

Aside from being a published author, Jahzara runs her own company called *Tranquil Bliss*. Wanting to help people experience moments of bliss, she created products such as t-shirts and fragrances. Which can be found at www.tranquilbliss.net. She's been in business since 2014 and has plans to expand helping her clients experience total bliss and satisfaction.

About Jahzara



Interview with Jahzara Bradley

Jahzara Bradley has always wanted to be a published author. The desire began in her childhood. She tells us the story. “I guess you would call my grandmother a storyteller. Instead of reading from books, she would create stories and tell them to me. It was the most wonderful feeling to have this story continue on and on. Her characters were so lively and vivid. I loved the stories and they just made me feel wonderful. I wanted to do that for others, so I became a published author.”

Jahzara tends to get ideas in her head that she can't let go of. They will sometimes develop into mini stories. In order to see if the stories come to life, she will sit down at her computer and see how far she can take it.

Currently, Jahzara is working on a love story. It is filled with drama about two people who have always loved each other. The irony is the very thing that they have been looking for their whole lives has been in their midst the whole time. They endure a lot of chaos before they get the revelation. Jahzara plans to release this book in the Spring of 2020.

Tranquil Bliss, Jahzara's company of fragrances and t-shirts, was launched in 2014. Being an educator and massage therapist, she felt the need to launch Tranquil Bliss to provide a stress reliever for the people around her. “Most people spend 6-8 hours daily at work and the whole time they are there, they wish they were somewhere else. That's 25% of your day, on average 5 days a week, and let's not think how long you have to do this until retirement. That is no way to exist. So, I created Tranquil Bliss to help people find joy in their day-to-day lives. You shouldn't spend 25% of your day with the “I can't wait til I get off of work” mentality. Nor should every day be spent wishing and longing for Fridays.”



Jahzara has major plans for Tranquil Bliss...and she explains. "Tranquil Bliss is eventually going to be a premiere, upscale day spa. You can come in receive spa services for yourself or with your group of friends. You will experience our café, wine tastings, sip and creates (make Tranquil Bliss products while sipping on wine or mocktails) book store and of course you can box up Tranquil Bliss and take it with. Tranquil Bliss also provides Corporate Bliss packages. We go into corporations and help employees experience Tranquil Bliss. Relaxed people are happier and more productive people." Tranquil Bliss can be found at www.tranquilbliss.net

Outside from writing, people can catch Jahzara traveling, conducting pamper parties and wine tasting and enjoying life.



"It's true, you can box up Tranquil Bliss and take it to go. Tranquil Bliss offers "Spa in a Box". It contains soap, body whip, hand sanitizer and a candle."



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